

POLICY TITLE	Food Hygiene Policy
Policy Area	General
Author	DS
Relevant Statutory Regulations	Sections 512, 512ZA, 512ZB, 512A, 512B and 533 of the Education Act 1996 Section 114A of the School Standards and Framework Act 1998 2014 No 1603 Education, England The requirements for School Food Regulations 2014
Senior Team Lead	Head of School
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Reviewed by	E.Le Gendre

Introduction

At The London Acorn School we promote healthy eating to our families and children and recognise the crucial role that parents play in supporting the school's approach. Eating a healthy diet is associated with higher attainment, increased concentration levels, maintaining a healthy weight and better overall health and wellbeing, helping your child to perform at their best at school.

We are a **NUT FREE** school. Please do not send your children in with any nuts or snacks *including* nuts, e.g cereal bars, chocolate spreads (Nutella) etc.

General Principles

The school is committed to ensuring that food provision reflects the ethical and medical requirements of pupils and staff.

The school is committed to giving pupils consistent messages about all aspects of health, including healthy eating.

Fresh drinking water is always available and accessible. Promoting children's independence where possible.

That parents are updated regarding packed-lunch requirements via the school's newsletter, welcome packs and handbook

Allergies and Special Dietary Requirements

The London Acorn School is an 'allergen aware' setting and has a "no sharing" policy in place to minimise the risk of exposure to allergens making it a safer environment for those with an allergy.

On admission, information is requested from the child's parent/carer about the child's dietary requirements before they start which goes on their interview form.

All staff will be fully informed about individual children's dietary requirements, preferences and food allergies and any special health requirements and how these are being met.

Parents to complete a 'Medication Consent Form' detailing any special dietary requirements, preferences and food allergies and any special health requirements.

To display details of children with allergies and special dietary requirements in the food preparation area and staff room.

Practice vigilance at all times.

If a special diet is requested, we work closely with the child's parent/carer (and medical professionals if required) to write and agree a clear plan of how to manage the child's special dietary requirement and what to do in the event of an allergic reaction.

The plan will include:

- details of their special dietary requirements
- a clear list of the foods which can and can't be eaten
- how meals and snacks will be provided
- how meals will be adapted from the existing menu with suitable ingredients and how they will be prepared or supplied by parents separately.

Parents/carers will update their child's form as and when it is necessary.

- Where a child requires a special diet that is outside of the usual menu for the children the school may ask the parent to fund the food required separately.
- If a child has a need that requires multiple meals on a regular basis the school may not have the staffing or resources to cover this. We will discuss this with parents/carers and create an effective food plan.
- When food is brought from home and shared on birthdays, festival celebrations, parents/carers will be informed by the teacher of any dietary restrictions or allergies. To make sure the food reflects the written recipes and allergen information
- All staff to take suitable precautions during activities involving food.

Food and Hygiene Training

All staff handling food have Food and Hygiene certificates and maintain strict food hygiene and cross-contamination standards throughout food handling areas.

All Kindergarten staff are trained, which includes training in identifying symptoms of an allergic reaction and how to respond. Specific staff members will be trained, if needed, to administer emergency medication prior to the child starting Kindergarten.

Information on food handling and storage is displayed in all food preparations areas.